

STRENGTH

If we look 100 years ahead and back...what did we do to ensure our community stayed healthy?



We understood the importance for us to:

- Wash our hands
- Wear a face mask in crowded places.
- Stay home when we got sick.
- Get tested when sick.
- Seek treatment if sick.
- Stay up to date with our vaccinations.

Scan this QR code for more information about how to protect yourself and others from COVID-19



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