

# LOVE & PROTECT

Another way to protect yourself and your baby from COVID-19.



## COVID-19 vaccines are safe for PREGNANT people and their baby

- The COVID-19 vaccine is recommended for all pregnant people, people who are planning to become pregnant, and their partners.
- The vaccines are also safe for people who are breastfeeding.
- COVID-19 vaccines cannot cause infection in anyone, including the mother or the baby.

## If you are pregnant, you are at higher risk for getting very sick from COVID-19

- Pregnant people who get sick with COVID-19 are also at higher risk for pregnancy complications, such as high blood pressure, bleeding disorders, death, and stillbirth.
- Getting vaccinated helps protect you from severe COVID-19 illness and these pregnancy complications.

**It is more important to get vaccinated now due to the spread of COVID-19 variants.**

Contact your local IHS, tribal, or urban Indian health care facility for more information on getting vaccinated.

For more information on pregnancy and COVID-19 Vaccines, scan this QR code:

