

PROTECTION

Testing can help prevent the spread of COVID-19 in your community.

What to do with your At-home COVID-19 Test Result



Positive Test Result:
COVID-19 IS detected
on your sample

Stay home for 5 days

(for both vaccinated and unvaccinated people)

- Stay home (isolate) in a room away from others in your household.



- You DO NOT need to get an additional PCR test

- If you have no symptoms after 5 DAYS, you can leave your house BUT wear a mask for 5 more days.



If you have a fever, continue to stay home until your fever is gone for 24 hours

To prevent the spread of COVID-19:

- Tell anyone you have recently had close contact with and encourage them to get tested.
- Avoid being around other people.



Scan this QR code for more information about home testing for COVID-19.



Negative Test Result:
COVID-19 NOT detected
on your sample

Have Symptoms

(for both vaccinated and unvaccinated people)

- Cough
- Shortness of breath
- Vomiting, diarrhea
- Fever/Chills
- Muscle or body aches
- New loss of taste or smell

If possible, get a PCR test, OR Repeat at-home test in 1-2 days

Stay at home until you know your test result.



If you test positive, follow the guidelines for a positive test result.



If you test negative again, no other test is needed at this time.

If you can't get a test, assume you are positive and stay home. If symptoms continue, quarantine until your symptoms resolve.

No Symptoms

(depends on vaccination status, see below)

No other test is needed at this time, except:

If you had close contact with someone with COVID-19:

If you are up to date on all vaccines that you are eligible for:

- Wear a mask around others for 10 DAYS.
- Test on Day 5 if possible.

If you are unvaccinated, not fully vaccinated, or without a booster (not up to date):

- **Stay at home for 5 DAYS**
- Afterwards, wear a mask around others for 5 MORE DAYS.
- Test on Day 5 if possible.

If you develop symptoms, stay home and go to the "HAVE SYMPTOMS" column.

Quarantine and isolation guidelines may vary by tribe, school, or workplace. For example, **some tribes use a 10 day isolation period.** Refer to local officials for the latest guidelines in your area.

