

LOVE

I wear this face mask every time I leave my home
TO PROTECT MY LOVED ONES



CLOTH FACE COVERINGS DO'S AND DON'TS

- Make sure you can breathe through it
- Wear it whenever going out in public
- Make sure it covers your nose and mouth
- Wash after using
- Do not use on children under two years old
- Do not use surgical masks or other PPE intended for healthcare workers



ALBUQUERQUE AREA SOUTHWEST
TRIBAL EPIDEMIOLOGY CENTER
WWW.AASTEC.NET

WHERE SHOULD I GO FOR THE MOST UP-TO-DATE INFORMATION?



www.cdc.gov/coronavirus



1-855-600-3453
Coronavirus Hotline



www.coronavirus.gov



www.ihs.gov

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