

Understanding mRNA COVID-19 Vaccines

mRNA in the Vaccines:

- Teaches our body to defend itself from COVID-19 by boosting our immune system if the virus enters our body.
 - *Our immune system's job is to protect us from getting sick.*
 - *Vaccine side effects such as fever, headache, and chills are signs that our immune system is working to protect us from COVID-19.*

mRNA COVID-19 Vaccines:

- Include the COVID-19 vaccines made by Pfizer and Moderna.
- Are not new and have been studied for use in other vaccines for flu, Zika, rabies, etc.
- Have gone through all required research phases.
- Do not use the live virus that causes COVID-19.
- Do not change our DNA inside our cells.
 - *Our DNA carries instructions for keeping our body working properly.*

Contact your local IHS, tribal, or urban Indian health care facility for more information on getting vaccinated.

For more CDC information about mRNA vaccines for COVID-19, please scan the QR code below:

